‘Finding Frailty’

System benefits of frailty identification

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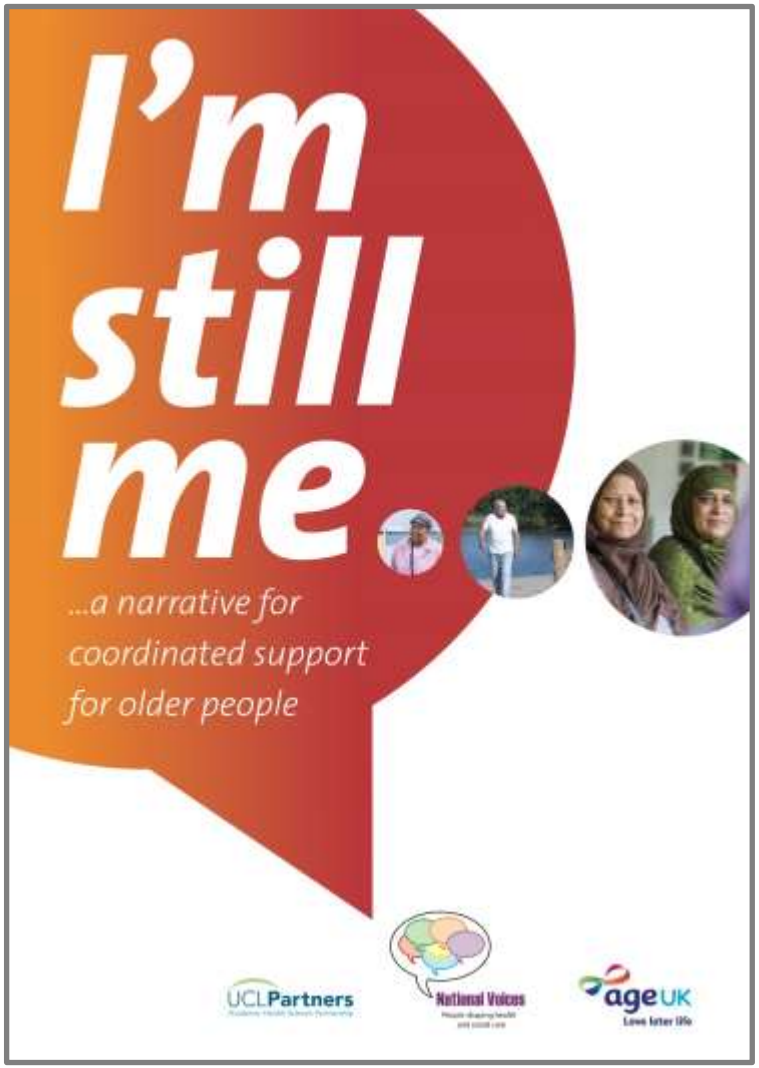
GPSI Care of Older People, East Cheshire & Derbyshire.

The 3rd National Frailty Conference

28th September 2017

Frailty identification - who benefits?


I'm still me
...a narrative for coordinated support for older people
UCLPartners
National Voices
age UK
Love later life

I'm still me
... a narrative for coordinated support for older people
The I statements
Independence
I am recognised for what I can do rather than assumptions being made about what I cannot
I am supported to be independent
I can do activities that are important to me
Where appropriate, my family are recognised as being key to my independence and quality of life
Community interactions
I can maintain social contact as much as I want
I'm still me
... a narrative for coordinated support for older people
Care and support
I can build relationships with people who support me
I can plan my care with people who work together to understand me and my carer(s), allow me control, and bring together services to achieve the outcomes important to me
Taken together, my care and support help me live the life I want to the best of my ability
Decision making
I can make my own decisions, with advice and support from family, friends or professionals if I want it

Recognising a spectrum of need that overlaps, rather than duplicates long-term conditions management is an important message. As a system, this means that having frailty in mind when identifying, assessing and planning care needs will be vital to achieving better outcomes for older people and preventing the need for crisis or emergency care.

A foundation of good practice will mean coordinating older people's support needs across all of the agencies and people involved in their care, including informal care and support as well as that provided by voluntary and community sector groups.

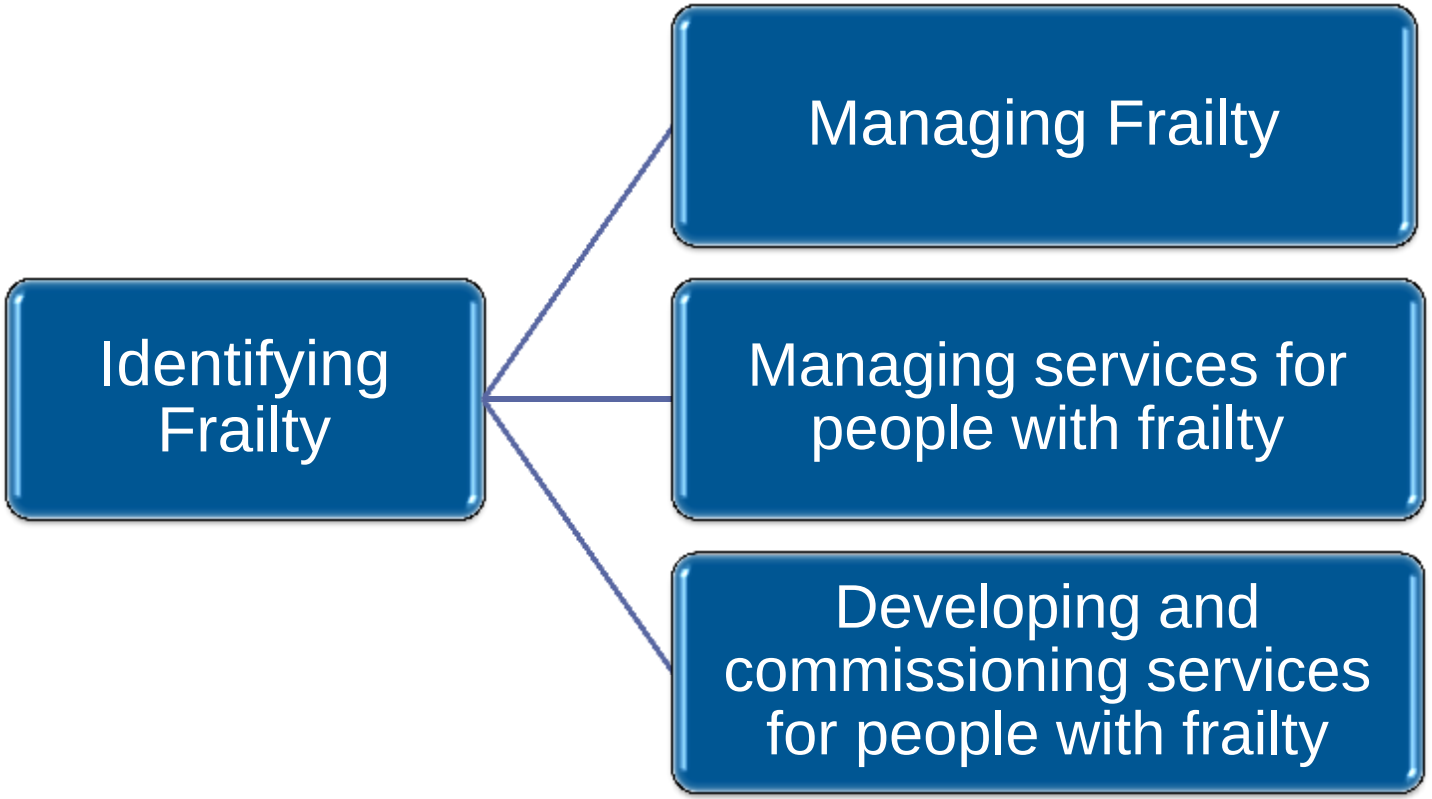
‘Fit for Frailty’

The British Geriatric Society, 2014/2015

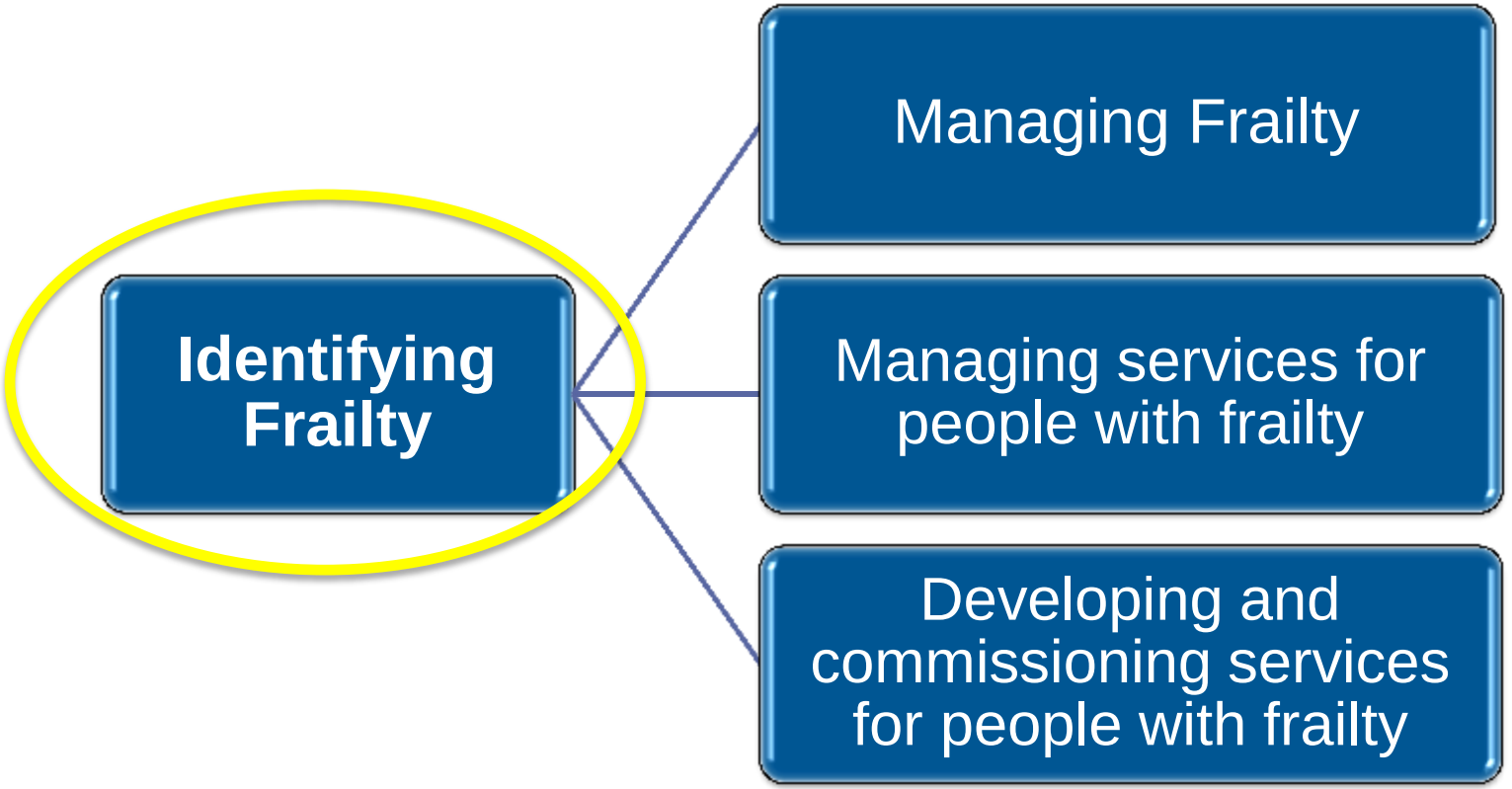
- Advice and guidance on the recognition and management of frailty in community and outpatient settings

- Advice and guidance on the development, commissioning and management of services for people living with frailty in community settings

Fit for Frailty



Fit for Frailty

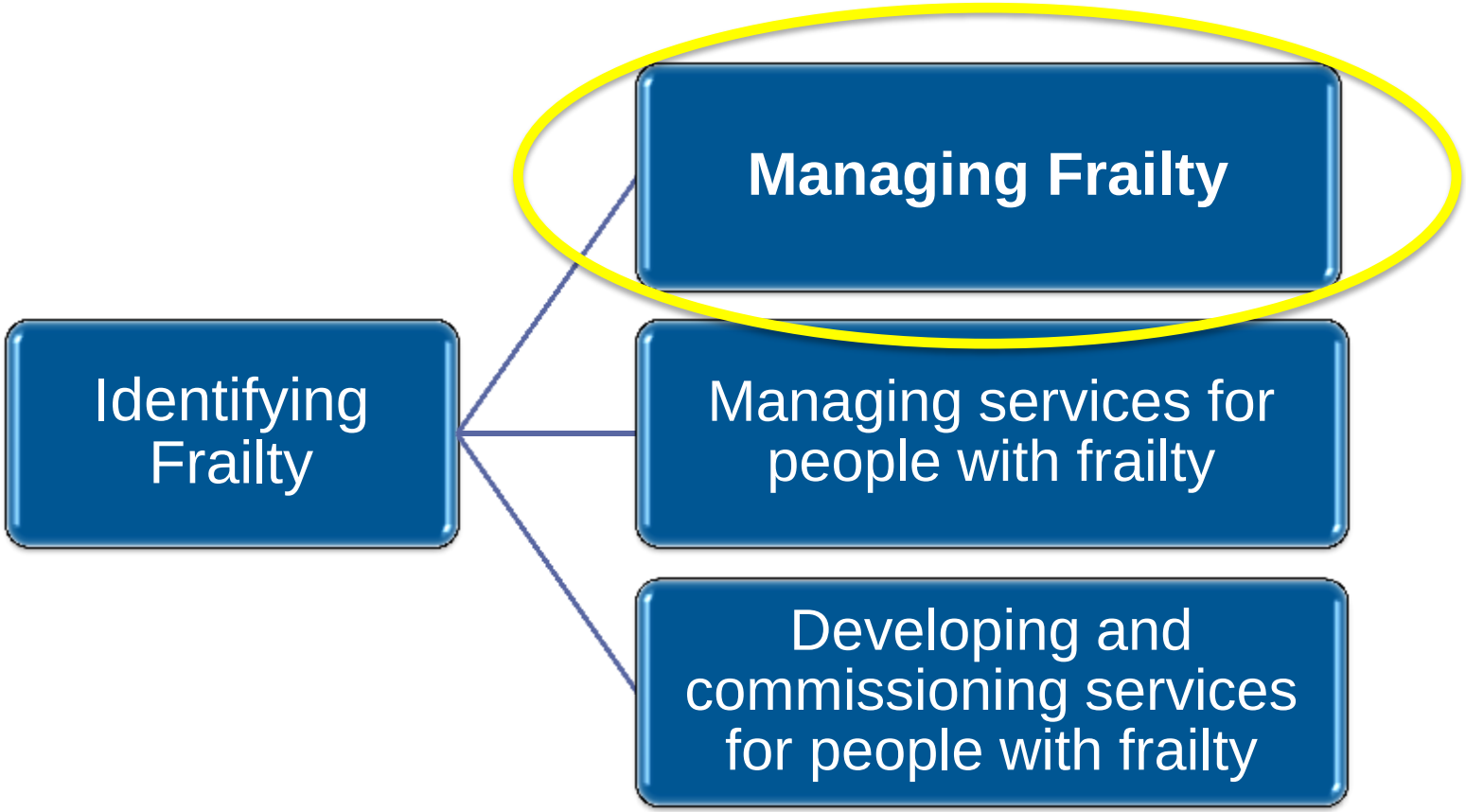


Identifying frailty

Identifying frailty

Identifying frailty

Fit for Frailty



Frailty as Long Term Condition

Managing frailty as a long-term condition FREE

Jennifer K. Harrison ✉; Andrew Clegg; Simon P. Conroy; John Young

Age Ageing (2015) 44 (5): 732-735. **DOI:** https://doi.org/10.1093/ageing/afv085

Published: 13 July 2015 **Article history** ▾

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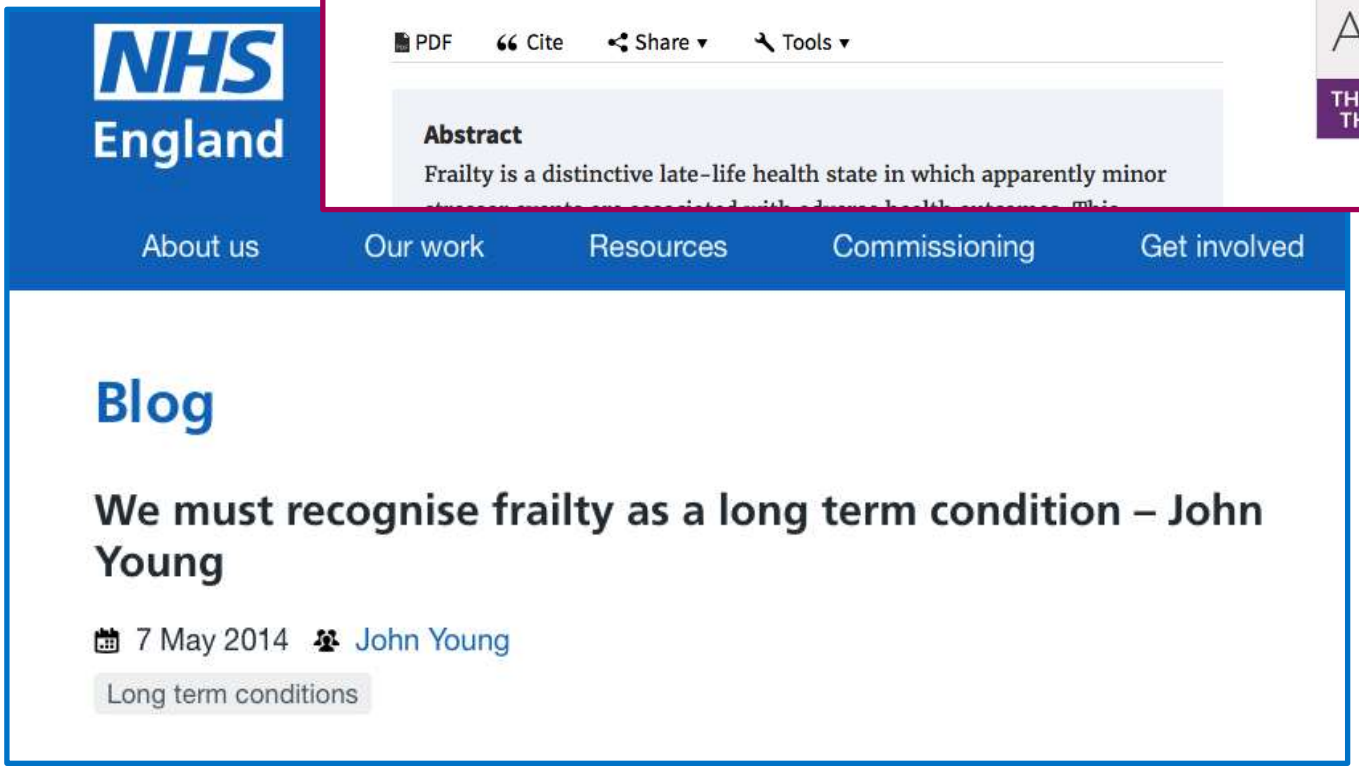
Abstract

Frailty is a distinctive late-life health state in which apparently minor

BGS British Geriatrics Society Improving healthcare for older people

Age and Ageing

THE INTERNATIONAL JOURNAL OF THE BRITISH GERIATRICS SOCIETY



NHS England

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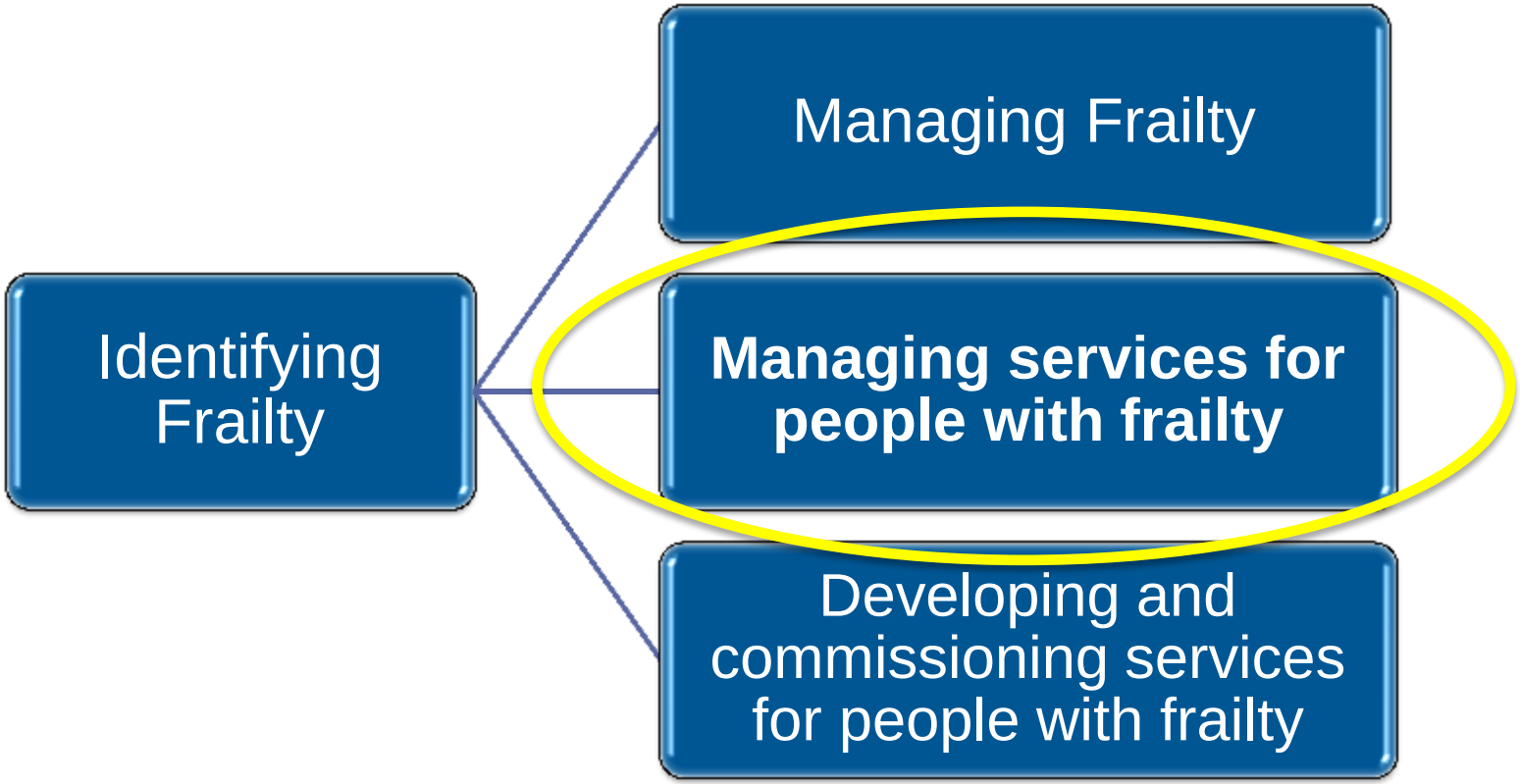
Blog

We must recognise frailty as a long term condition – John Young

7 May 2014 John Young

Long term conditions

Fit for Frailty



Managing services for people with frailty

‘Education & Evaluation’

Develop training and education packages for local needs, to enable multi-professional and cross-organisational delivery of care for frailty

Evaluation must be an integral part of service design and delivery

Education

- Providers
- Commissioners
- System wide
- Professional groups
- Academic

NHS South Kent Coast Clinical Commissioning Group

North West Allied Health Professions Network www.ahpnw.nhs.uk

Shropdoc

Keele University

Hannage Brook Medical Centre

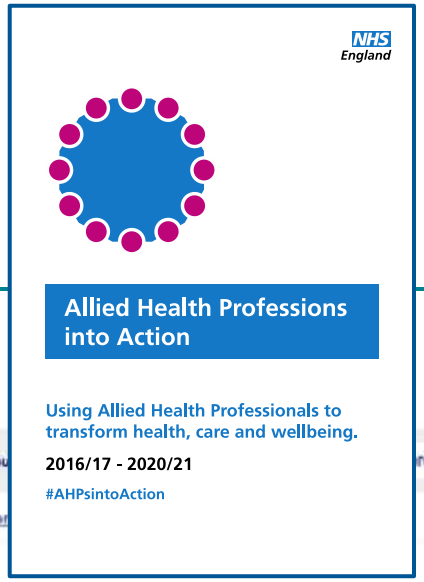
Locally delivering your NHS across North Derbyshire
Working together for everyone's health because everyone matters

Evaluation

BGS
Age and Ageing
THE INTERNATIONAL JOURNAL OF THE BRITISH GERIATRICS SOCIETY

Mouth Care Matters
NHS
Health Education England
Mouth Care Matters

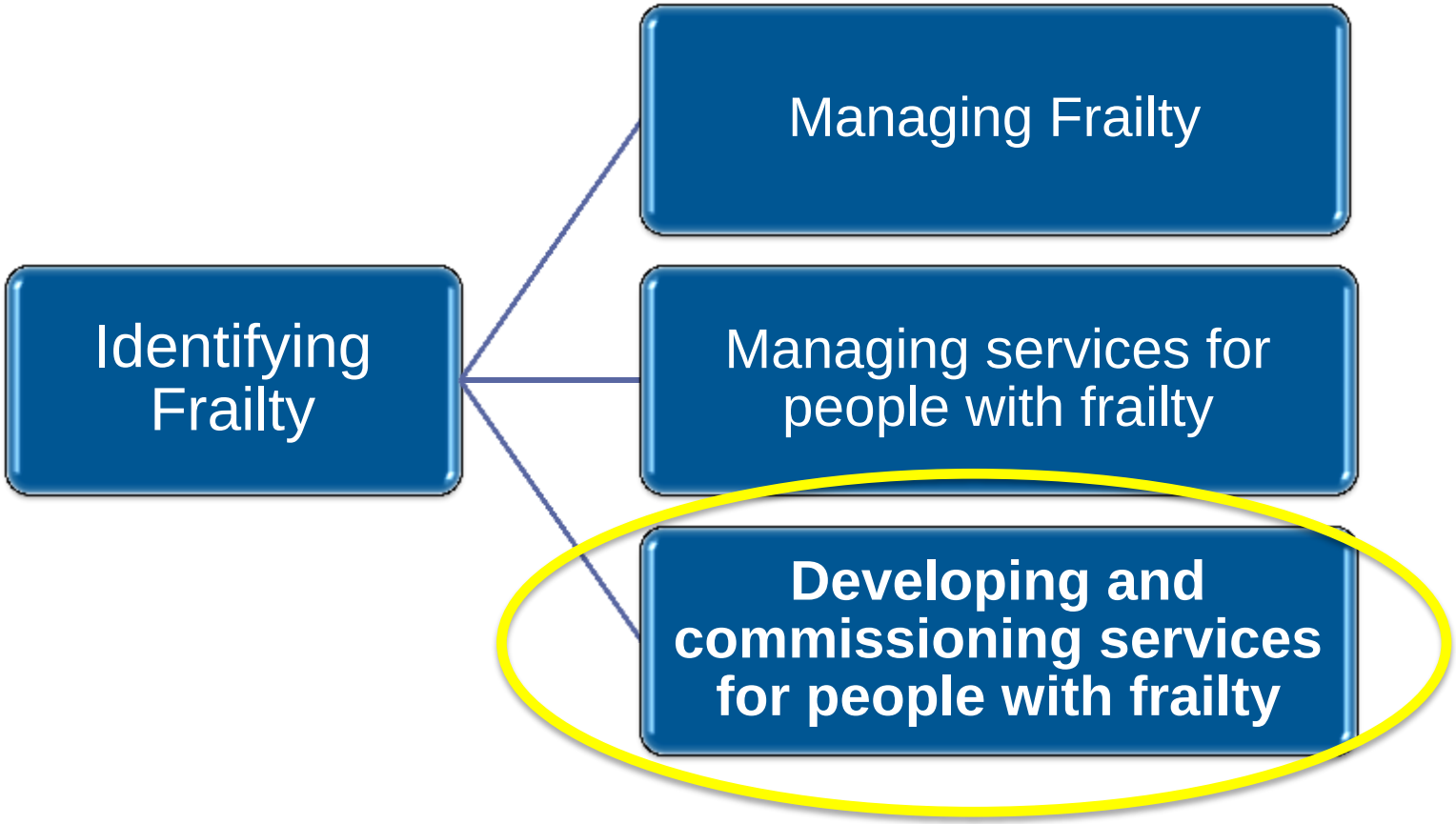
West Midlands Primary Care Workforce Development and Improved Access Project
[Prime Minister's GP Access Fund Wave 2 Scheme]
Report on the Frailty Workstream


NHS England
Allied Health Professions into Action
Using Allied Health Professionals to transform health, care and wellbeing.
2016/17 - 2020/21
#AHPsintoAction

University of Nottingham
UK | CHINA | MALAYSIA
Study
Research
Business
Global
University of Nottingham > Research > Groups > Health of Older
Health of Older People
Home
People
Projects
PEACH
Proactive Healthcare of Older People in Care Homes (PEACH)
Overview
This study will explore whether and how Comprehensive Geriatric Assessment (CGA) can be established as a model of working for older people living in care homes and whether it is associated with health benefits.
Key facts
Study dates: Nov 2015-
Funder: The Dunhill Me
Trust

New care models
NHS
The framework for enhanced health in care homes
Our values:
clinical engagement, patient involvement, local ownership, national support
September 2016
www.england.nhs.uk/vanguards
#futureNHS

Fit for Frailty



Developing and commissioning services for people with frailty

Develop ‘whole system’ frameworks using new structures and flexible workforce development to overcome traditional boundaries in care

Establish integrated contractual frameworks and collaborative commissioning to support and/or reinforce provider innovation

Whole system frameworks

Dementia Core Skills Education and Training Framework

This Framework was commissioned and funded by the Department of Health and developed in collaboration by Skills for Health and Health Education England in partnership with Skills for Care.

End of Life Care Core Skills Education and Training Framework

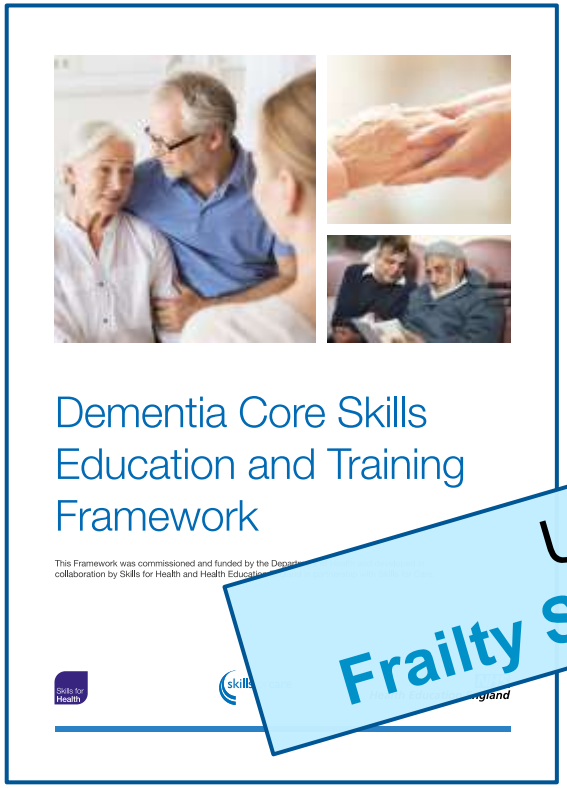
This framework was commissioned and funded by Health Education England and developed in collaboration with Skills for Health and Skills for Care.

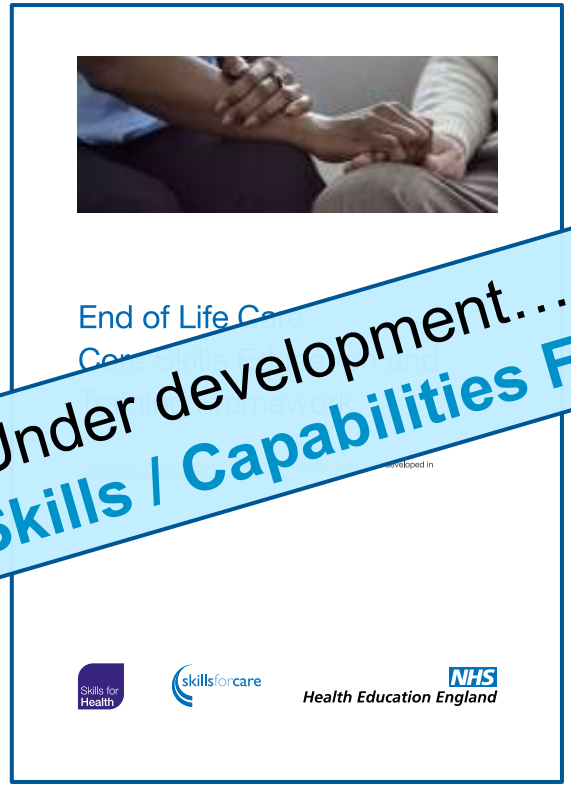
Person-Centred Approaches:

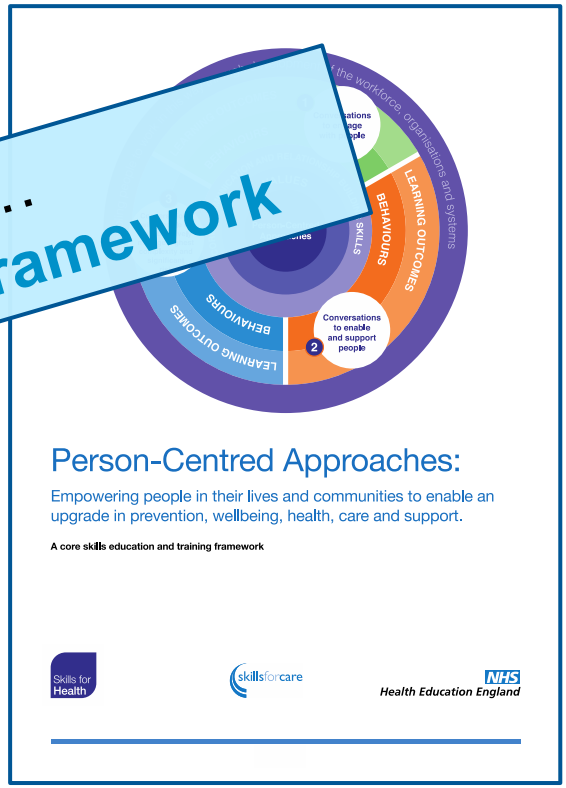
Empowering people in their lives and communities to enable an upgrade in prevention, wellbeing, health, care and support.

A core skills education and training framework

Whole system frameworks







Under development……

Frailty Skills / Capabilities Framework

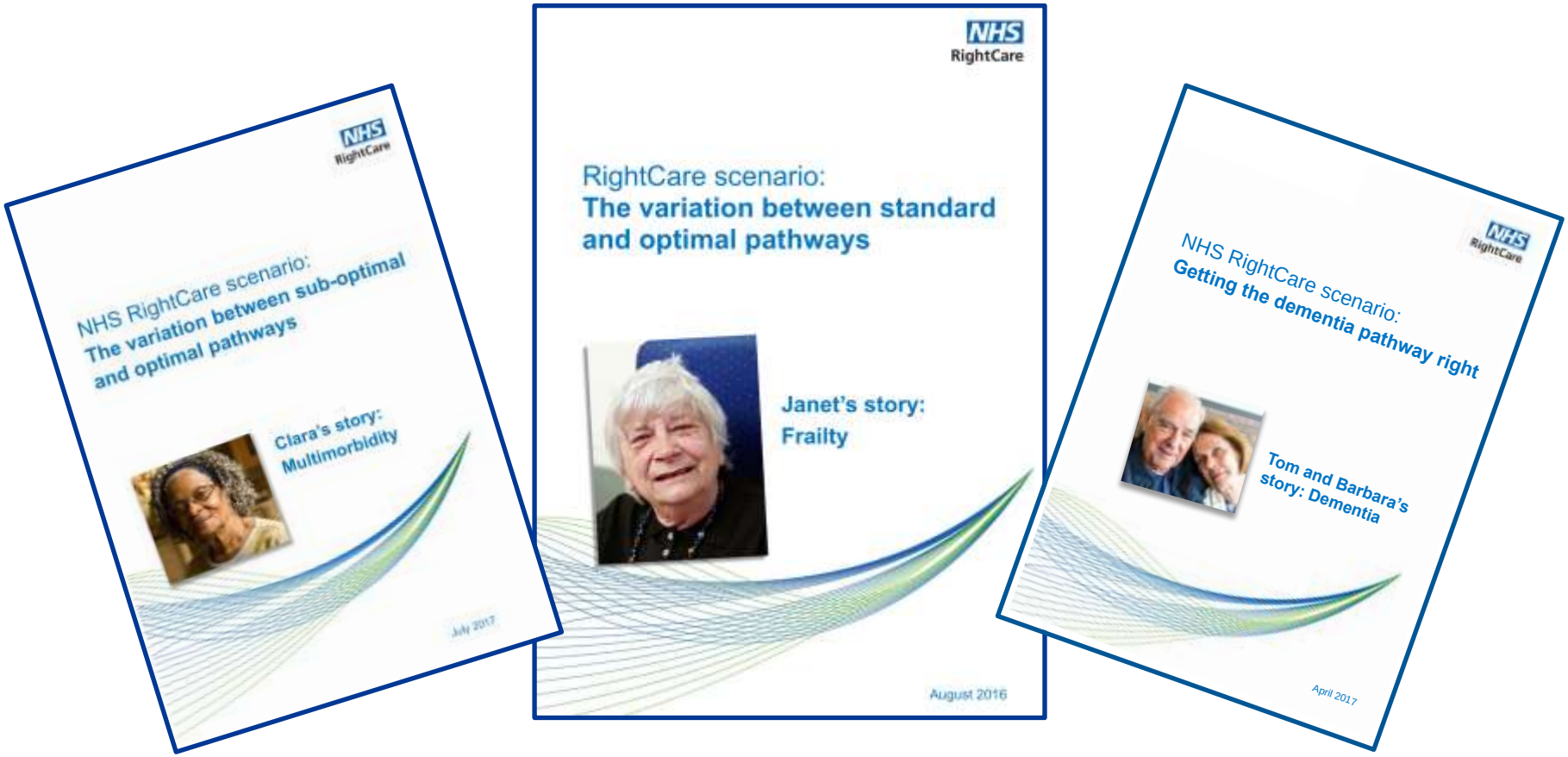
Integrated contracting & collaborative commissioning

Developing more engaged relationships with patients and carers to promote well being and prevent ill health

- Good organisations cannot deliver the required care redesign in silos.
- Only through a system-wide set of changes will we be able to deliver the right care, in the right place, with optimal value.
- The solutions will not come solely from the NHS, but from patients and communities, and wider partnerships including local government and the third sector.
- Effective public engagement will be essential to their success.

NHS RightCare Resources

NHS RightCare Intelligence materials, e.g. case scenarios:



Summary

Fit for Frailty
Fit for Frailty
Part 2: Developing, commissioning and managing services for people living with frailty in community settings
Royal College of General Practitioners
British Geriatrics Society and the Royal College of General Practitioners
I'm still me
...a narrative for co-ordina
The 'frailty' challenge
As discussed in the introduction we have an ageing population, and across England local areas are prioritising care and support for older people. To help identify older people at risk of poor health outcomes, considerable effort is now put into better defining 'frailty', in the hope of
Call for a national dialogue on frailty:
This research has focused on asking older
has reminded us that the older person's perception of what constitutes good health or frailty is often very different to the clinician's

Benefits of Identifying Frailty

- Identifies individuals who can most benefit from support
- Help to better understand frailty trajectories and impacts of interventions for both individuals and populations
- Supports service development and planning by enabling better modeling than demographic data alone
- Promotes system and workforce capability to support increasing number of older people living with frailty

Thank You!
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